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THE 1-PAGE LEADERSHIP TRUST BUILDER

Your Weekly Practice
For Leading With Trust

Trust isn't built in grand gestures. It's built in the small things. Every follow-through. Every listening moment. Every act of honesty.

Over the past three decades, I've learned that without trust, leadership is just control. And with trust, it becomes connection.

This 1-Page Leadership Trust Builder is a simple weekly tool to help you pause, reflect, and lead in ways that deepen trust.

Use it weekly. Reflect honestly. Lead mindfully. And remember, trust isn't built by chance... it's built with intention.

Let's build it consciously, not accidentally.



HOW TO USE THIS PLAN

- 01 Block 15 minutes every Friday (or weekend).
- 02 Reflect on your week honestly — not just what you did, but how you did it.
- 03 Set one clear “trust move” for next week.
- 04 Keep it simple. Don’t overthink. Trust your process.

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1. HOW DID I BUILD TRUST THIS WEEK?

Moments I showed up with honesty, consistency, or care.

2. WHERE MIGHT I HAVE ERODED TRUST?

Missed follow-ups, mixed signals, or moments I didn't show up well.

3. WHO MIGHT BE FEELING UNSEEN OR LEFT OUT?

Team members who might need more time, clarity, or encouragement.

4. MY TRUST HABIT CHECK.

This week, did I...

- Follow through on what I said I would?*
- Admit when I didn't get it right?*
- Listen fully, without interrupting?*
- Acknowledge someone's effort or contribution?*
- Show up with presence and consistency?*

5. MY TRUST MOVE FOR NEXT WEEK.

One small action I'll carry into the next week to build (or rebuild) trust.



WANT TO GO DEEPER?

If this sparked reflection and you're looking for:

- One-on-one coaching to grow as a conscious, people-first leader
- Honest feedback on your leadership habits, mindset, or blind spots
- Support in building a team culture rooted in trust and ownership

Let's connect.

Send me an email:

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Or drop me a message on LinkedIn:

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